

# New Jersey Tae Kwon Do | Chung Do Kwan

Steven Safran Head Instructor



## Tae Kwon Do Schedule FALL 2024

September 3 - June 20

MON	TUES	WED	THUR	FRI	SAT
<b>9:30-10:30 a.m.</b> ADULT All levels		<b>9:30-10:30 a.m.</b> ADULT All levels			
					<b>11:30-12:30</b> White Belt CHILDREN
				<b>12:00 - 1:00 pm</b> ADULT All levels	
<b>4:00-4:55</b> White Belt/ Beginner's CHILDREN	<b>4:00-4:55</b> Advanced CHILDREN Age 5-9		<b>4:00-4:55</b> White Belt/ Beginner's CHILDREN	<b>4:00-4:55</b> Advanced CHILDREN all ages	
<b>5:00-5:55</b> Advanced CHILDREN age 5-9	<b>5:00-5:55</b> White Belt/ Beginner's CHILDREN	<b>5:00-5:55</b> Advanced CHILDREN all ages	<b>5:00-5:55</b> Advanced CHILDREN age 5-9	<b>5:00-6:00</b> Open Practice ADULT/TEEN & <b>Elite Brown</b>	
<b>6:00-6:55</b> Advanced CHILDREN age 9 & up	<b>6:00-6:55</b> Advanced CHILDREN age 9 & up	<b>6:00-7:30</b> <i>Advanced ADULT/TEEN age 11 &amp; up</i>	<b>6:00-6:55</b> Advanced CHILDREN age 9 & up		
<b>7:00-8:00</b> White Belt/ Beginner ADULT/TEEN	<b>7:00-8:30</b> Advanced ADULT/TEEN age 11 & up	<b>7:30-8:30</b> <b>Black Belt Class</b>	<b>7:00-8:30</b> ADULT/TEEN age 11 & up <i>All levels</i>		
<b>8:00-9:00</b> Advanced Basics ADULT/ TEEN age 11 & up					

114 Valley St.  
South Orange, NJ 07079

www.tkdj.com  
email: steve@tkdnj.com

studio: 973-821-5338  
mobile: 973-979-4642