

New Jersey Tae Kwon Do | Chung Do Kwan

Steven Safran Head Instructor



Tae Kwon Do Schedule Summer 2022

June 27 - September 7

MON	TUES	WED	THUR	FRI
9:30-10:30 a.m. ADULT All levels		9:30-10:30 a.m. ADULT All levels		
				12:00 - 1:00 pm ADULT All levels
	4:00-5:00 Advanced CHILDREN Age 5-9		4:00-5:00 White Belt/ Beginner's CHILDREN	4:00-5:00 Advanced CHILDREN all ages
	5:00-6:00 White Belt/ Beginner's CHILDREN	5:00-6:00 Advanced CHILDREN all ages	5:00-6:00 Advanced CHILDREN age 5-9	5:00-6:00 Open Practice ADULT/TEEN
6:00-7:00 Advanced CHILDREN all ages	6:00-7:00 Advanced CHILDREN age 9 & up	6:00-7:00 Teen/ish Advanced	6:00-7:00 Advanced CHILDREN age 9 & up	6:00-7:00 <i>Elite Brown & Black Belt Class</i> (invitation only)
7:00-8:00 White Belt/Beginner ADULT/TEEN Mixed Advanced	7:00-8:30 Advanced ADULT/TEEN age 11 & up	7:00-8:30 Advanced ADULT/TEEN age 11 & up	7:00-8:00 White Belt/Beginner ADULT/TEEN Mixed Advanced	
8:00-9:00 Advanced Basics ADULT/TEEN age 11 & up			8:00-9:30 Advanced ADULT/TEEN age 11 & up	

114 Valley St.
South Orange, NJ 07079

www.tkdj.com
email: steve@tkdnj.com

studio: 973-821-5338
mobile: 973-979-4642